

menu

Essence Lunch Menu

28th, 29th, 30th January 2025

Appetizers

Arancini Balls filled with mozzarella cheese (V)

Arrabbiata Sauce

or

Butternut Squash and Farro Salad (V, GF)

Goats cheese, Pumpkin seeds, Maple vinaigrette

(VG Upon Request)

Entrées

Sweet and Sour Pineapple Pork

Egg fried rice

Pan Fried Trout (GF)

Vermouth and saffron beurre blanc, Spinach and Cheddar Mashed potato, Grilled zucchinis

Tempura Vegetables and Orange Chili Sauce (V, VG, GF)

Gluten Free Soy, sesame and ginger bean curd noodle salad

Dessert

Bumbleberry Bundt Cakes (V)

Lemon whipped cream, berries

(VG Dessert Upon Request)

\$25.00 taxes extra

(V) Vegetarian, (VG) Vegan,

(GF) Gluten Friendly



We bring learning to the table.